

Dan, Black Belt Grading 2018 to 2020

KIHON, TSUKI & KERI - BASIC TECHNIQUES

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|--------------------------------|--------------------------|
| 1. Kette Junzuki | 5. Nagashizuki Jodan. |
| 2. Kette Gyakuzuki | 6. Mawashigeri Jodan |
| 3. Kette Junzuki no Tsukkomi | 7. Ushirogeri Chudan |
| 4. Kette Gyakuzuki no Tsukkomi | 8. Surikomi Sokuto Jodan |

RENRAKU WAZA - COMBINATION TECHNIQUES

Surikomi Gyakuzuki Chudan - Nagashi Teiso Uchi Jodan– Surikomi Uraken Chudan– Mawashigeri Chudan– Ashibari– Gyakuzuki.

Sonobade Uraken Jodan - Mawatte Uraken Jodan Renzuki Gyakuzuki Jodan - Maegeri Chudan - Nagashizuki Jodan - Surikomi Sokuto Fumikomi - Uraken Jodan - Gyakuzuki.

Evade-Ushori Ashi - Zenshinshite Uraken Jodan - Ushirogeri Chudan - Step back Nagashi Shuto Moroto Uke Jodan- Hizageri chudan - Empi Uchi Jodan.

UKE WAZA - PARTNER TECHNIQUE

	1 st Dan	2 nd Dan	3 rd Dan	4 th Dan
	Shodan	Nidan	Sandan	Yodan
Jodan Uke	1 + 4	1 + 4	1 + 4	None
Maegeri Uke	2 + 4	2 + 4	2 + 4	None
Ohyo Kumite	1 + 5	3 + 8	2 + 7	Any 2
Kihon Kumite	3 + 6	4 + 8	5 + 9	Any 2
Tanto Dori.	None	1 + 3	2 + 5	9 + 10
Idori	None	None	3	2 + 3
Tachi Dori	None	None	None	2 + 4

Kata	Seishan	Chinto	Niseishi	Jion
	Ku Shanku	Rohai	Jitte	One Chosen on the Day

JI YU KUMITE

WRITTEN TEST